

# 2020 Outdoor Adventure Day! This Friday, 13<sup>th</sup> MARCH



Schedule	
10:00 am	Morning Tea Face painting will be available.
10:30 am	Children assemble on Tennis Courts for Opening Prayer, Event Briefing, House Chant & Parade
11:15 am	Event begins
1:15 pm (approx.)	Parent-Teacher Race
1:30 pm	Event finishes & back to class



- No Running in the Pool Area
- No Overtaking on the obstacles
- On Zoom Slide only go down on knees or stomach
- If the activity is not done properly, you will be sent back to repeat the activity
- For fairness and safety, failure to follow marshal's instructions can result in being asked to sit out of the event
- The decision of the race coordinator is final
- This is supposed to be a fun day so let's try to keep it that way

### **COURSE DESCRIPTION**

Diagrams of the planned course are posted on the junior and senior noticeboards.

The course will entail:

- Crawling under a raised "cargo" net
- Running through tyres
- Climbing up an inflatable side & sliding down the other side
- Running through our "car wash" (hanging foam noodles)
- Inflatable water slide
- Wade/swim through the school pool
- Slide down a "zoom slide" (polyethylene covered in soapy water)
- Weaving through agility poles
- Jumping low hurdles and
- Running around the field between each activity.

Years 4-6 will do two laps around the course and the Years 1-3 will do one lap.

Race Order	
Year 6 Girls ® Year 6 Boys	
Year 5 Girls ® Year 5 Boys	
Year 0 & 1 Boys ® Year 0 & 1 Girls	
Year 2 Girls ® Year 2 Boys	
Year 3 Girls ® Year 3 Boys	
Year 4 Girls ® Year 4 Boys	
Parent-Teacher Race	
Note: We are unable to set a start time for	

Note: We are unable to set a start time for each group as it depends on how long it takes the last child in each group to finish.



Please ensure your children have sun block on prior to arrival at school



#### CHILDREN SHOULD ARRIVE AT SCHOOL IN THEIR HOUSE COLOUR

with swimming togs underneath please so they are ready to go

For the race, boys and girls will need swimming togs and rash shirt

COMPULSORY ITEMS: Rash Shirt, Hat & Sun Block



## CAKE STALL

Please bring your labelled baking (homemade or storebought) in a lidded ice-cream/ disposable container to the Centre before school starts on the day.

Remember to bring money on the day for you and your children to spend on these delectable delights!



#### **IMPORTANT:**

Please clearly label your baking as we have children in our school with severe allergies.



Face painting will be available at school during morning tea before the event starts.

Thank you to all the wonderful parents that have volunteered their time to help run this event.

Come and cheer on the Children!

Come dressed in your Child's House Colour and you'll earn them extra team points

Come have fun at Outdoor Adventure Day 2020!